



I'm Grateful For:

(Gratitude puts everything into perspective)

Today Will Be Great Because:

(Being specific intensifies your gratitude)

<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>

Today, I Learned:

(Reflection can give you clarity)

Tomorrow, I Will Focus On:

(Name it so you can change it)

<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>



I'm Grateful For:

(Gratitude puts everything into perspective)

Today Will Be Great Because:

(Being specific intensifies your gratitude)

<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>

Today, I Learned:

(Reflection can give you clarity)

Tomorrow, I Will Focus On:

(Name it so you can change it)

<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>